

Home Security



Equipment Ideas

**Smart
phone**



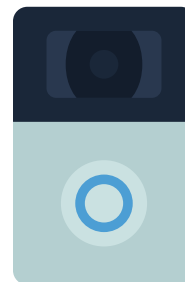
**Outdoor
Security
Camera**



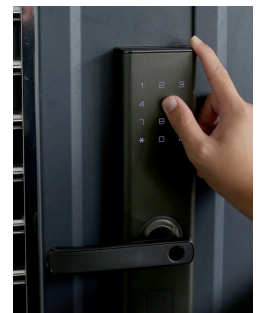
**Indoor
Security
Camera**



**Video
Doorbell**



**Smart Door
Lock**



Strategies

Technology or smart home devices can be another tool or option to help support privacy and security of our homes and our loved ones.

- Indoor and outdoor security cameras allow you to keep an eye on your property. They can also be used to check in on loved ones who may not be able to answer the phone or communicate verbally with their family. Consent should be provided before using an indoor security camera to check in on loved ones.
- Video doorbells allow users to see who is at the door before opening it up. It also allows users to have a 2-way conversation with the person outside the home from anywhere.

- A smart door lock provides the user the ability to check the status of their door (locked vs. unlocked), and to lock or unlock the door as needed. When paired with a video doorbell, this allows user the independence of seeing who is at the door and deciding if they would like to unlock it without the need to rush.



Online Resources

- [Google Nest Security Cam \(Wired\) - 2nd Generation - Snow : Amazon.ca: Electronics](#)
- [Amazon Official: Introducing Ring Spotlight Cam Plus, Battery | Two-Way Talk, Colour Night Vision, and Security Siren \(2022 release\) - Black](#)
- [August Home, Silver Wi-Fi Connected Smart Keyless Entry Door Lock, Electronic Door Lock Fits Your Existing Deadbolt in Minutes, AUG-SL05-M01-S01, Deadbolts - Amazon Canada](#)

- Smart Security cameras
- Indoor security cameras
- Outdoor security cameras
- Smart Video doorbells
- Smart door lock
- How to pair smart cameras with my Alexa or Google speaker.

Key Words for Online shopping or setup guides



For more information contact your Occupational Therapist.

OT Name: _____

Contact: _____