

Information for Caregivers

Caring for someone with dementia can be rewarding but it can be challenging at times. This document provides resources to support you and your care of the person living with dementia.

For information on Living with Dementia

- **The Alzheimer Society of New Brunswick:** If you have questions about living with dementia or require guidance, call **1-800-664-8411**, email info@alzheimer.nb.ca or visit their website at <https://alzheimer.ca/nb>
- **Forward with Dementia:** For guidance after a diagnosis of dementia and other questions, visit their website at <https://forwardwithdementia.ca>

For information on Services

- **211:** Contact 211 to find supports and services in your community. Call **2-1-1** on your phone, email 211nb@findhelp.ca or visit their website at <https://nb.211.ca>
- **Social Supports NB:** For helpful, easy-to-understand information, visit their website at www.socialsupportsnb.ca

For information on Caregiver Supports

- **Support Groups and Counselling Services:** To learn about free counselling services and support groups for caregivers, call the Alzheimer Society of NB at **1-800-664-8411** or visit their website at <https://alzheimer.ca/nb>
- **Mental Health Support:** To speak with someone about concerns related to mental health and addictions, call **1-866-355-5550**.
- **Legal Support:** To understand your legal rights and responsibilities or to obtain information on legal matters, contact New Brunswick Public Legal Aid and Information Services by phone: **506-453-5369**, e-mail: pleisnb@web.ca, or by visiting their website at <https://www.legal-info-legale.nb.ca>
- **Adult Protection Program:** If you are concerned about abuse or neglect of an adult with a disability or a senior aged 65 or older, call **1-833-733-7835**.
- **Aging in New Brunswick: A User's Guide:** This guide can assist people needing information, services, forms, and other resources. The free guide is available online at <https://www.stu.ca/aging-in-nb> or request a paper copy by calling **2-1-1**.

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To apply for Home Care Services

There are two ways to obtain home care in New Brunswick. 1) Applying through Social Development, where depending on your finances, you may be eligible for financial assistance. 2) Applying and paying privately through home care agencies.

Steps to obtain Home Care through Social Development

1. Call the Department of Social Development at **1-833-733-7835**. Tell the representative you would like to apply for the **Long-Term Care Program**.
2. Complete the financial application form sent to you by Social Development, gather the requested financial documents (if applicable), and submit everything to Social Development.
3. A Social Worker will complete a Functional Assessment and an optional Financial Assessment if applying for financial support.
4. Home services may be put in place after the assessment(s), based on hours recommended or needed.

Steps to obtain Private Home Care

1. Select a home care agency in your area.
2. Call the agency and request home care. They will outline documents and any other requirements they have.
3. The agency will help set up services and provide you with a quote for hours of home care needed.

To apply for a Nursing Home or a Special Care Home

All applications go through Social Development. Follow the steps outlined above under “**Steps to Obtain Home Care through Social Development**”. If you are applying on behalf of someone else, make sure you have their permission.