

# ASK ME ANYTHING

## A NEW BRUNSWICK SEXUAL HEALTH EDUCATION SURVEY – RESULTS



We heard from a diverse group of more than **5,400** New Brunswick parents, step-parents, and guardians.



### WHO IS RESPONSIBLE FOR CHILDREN'S SEXUAL HEALTH EDUCATION?



**95%** agree it is primarily a parent or guardian responsibility

And feel this responsibility is shared with:



Teachers (**75%**)

&



Health Care Staff (**59%**)

**88%**

of respondents report having adequate knowledge to discuss sexual health with their children

**85%**

of respondents report feeling comfortable discussing sexual health with their children

**71%**

of respondents report speaking to their children about sexual health a few times or more

Scores on knowledge and comfort were positively related to frequency of communication



More than **1 in 3** respondents would like resources to talk with their children about sexual health



More than **3 out of 4** respondents say they want guidance in age-appropriate sexual health resources



Almost **9 in 10** respondents want resources to support sexual health education taught in schools

### TOP FIVE REQUESTED TOPICS:



Personal Safety



Self-Esteem



Peer Pressure



Healthy Relationships



Consent