FREDERICTON AND UPPER RIVER VALLEY AREA

Primary Health Care Services and Addiction and Mental Health Services



At the foundation of Horizon Health Network's health system is a robust network of community-based primary health care services offered in a variety of settings in communities throughout the province. In the Fredericton and Upper River Valley area, our primary health care system is comprised of a number of facilities and services, including: seven community health centres (Central Miramichi, Noreen Richard, Fredericton Downtown, Fredericton Northside, Oromocto, Queens North, and Tobique Valley); 11 health centres and clinics (Boiestown, Chipman, Fredericton Junction, Fredericton Southside, Harvey, Keswick, McAdam, Nackawic, Stanley, Hartland and Woodbridge), public health programs as well as addiction and mental health services. As well, the Diabetes Resource Centre and Fredericton Midwifery Centre are located in the Fredericton and Upper River Valley area. With a collaborative, team approach to offering services in English and French, Horizon delivers sustainable, safe and quality health-care services to our patients, clients and their families.

COMMUNITY MENTAL HEALTH - APPOINTMENT OFFERED WITHIN 3 DAYS **COMMUNITY MENTAL OFFERED WITHIN 3 DAYS**

REPEAT HOSPITAL STAYS FOR MENTAL HEALTH

COMMUNITY **SERVICES CONTACTS**



HEALTH CENTRES



ADDICTION SERVICES





347 **ADMISSIONS**



INPATIENT DAYS



COUNSELLING SERVICES

IMPROVEMENTS UNDERWAY

- Increased access to same day appointments via multiple referral pathways at Fredericton **Downtown Community** Health Centre.
- **Licensed Counselling Therapist** Program initiated.
- Fredericton physician recruitment initiative.

ACHIEVEMENTS

- Nurse practitioner (NP) led clinic opened in Keswick and in the Fredericton Southside location.
- Emergency Department (ED) Divert Program for low-risk patients requiring same day or next day care.
- Infrastructure improvements. including an expansion to the Nackawic Health Centre.
- Expansion of NB Health Link to provide access to health care for New Brunswickers who don't have a family doctor or nurse practitioner in the Fredericton and Upper River Valley area.

CHALLENGES

- Facilitating action on the completed Community Health Needs Assessments.
- · Ongoing recruitment and retention efforts in a competitive environment, compounded with future retirements of primary health care providers.
- Addressing service gaps because of turnover and retention issues.
- Ongoing recovery efforts from the impacts of COVID-19 on the health care system.