

# Snapshot of Perinatal Health in New Brunswick

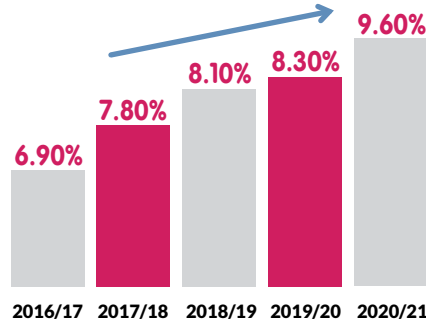
## Maternal Indicators

**6,156 individuals**

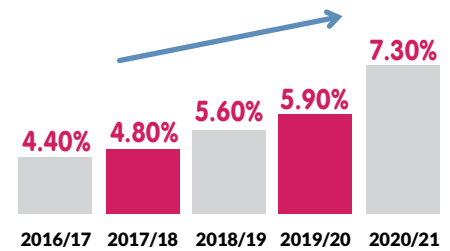
gave birth in NB  
in **2020/21**



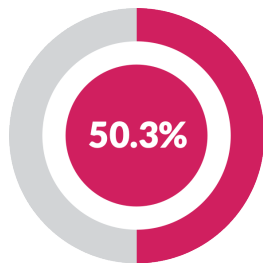
### Gestational Diabetes



### Gestational Hypertension

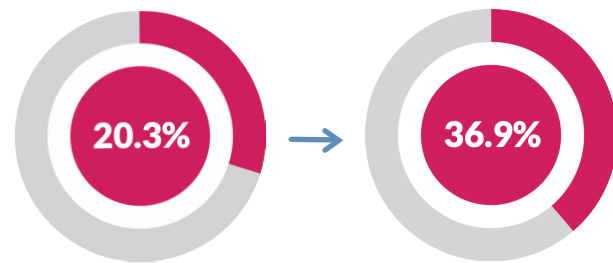


### Pre-pregnancy BMI



of all pregnant individuals were overweight or obese prior to becoming pregnant

### C-section 2020/21



range from **20.3%** at Saint John Regional Hospital to **36.9%** at Dr. Everett Chalmers Regional Hospital

## Newborn Indicators

**21.2%**

NEW BRUNSWICK

of newborns were admitted to a NICU/SCU in NB in **2020/21** while

**17.4%**

CANADA

of newborns were admitted to a NICU/SCU in Canada for the same year



**7.5%**

Pre-term birthrate (<37 weeks gestation) 2020-2021

**80.6%**

of infants initiated breastfeeding in 2020/21  
**(Target 80%)**

**49.4%**

of infants were exclusively breastfed at hospital discharge in 2020/21  
**(Target 75%)**



PerinatalNB

For more information please consult Report of Indicators 2016-2021 available at [PerinatalNB.ca](http://PerinatalNB.ca)