This CPSW, **SHIFT TO SAFETY**
Providing tools and information to those who need them

**Tips and Tools for Talking to Your Healthcare Team**
Empower yourself with information and tools to help you ask good questions, connect with the right people, and learn as much as you can to keep you or a family member safe while receiving healthcare.

**Questions Are the Answer** helps you effectively prepare for making decisions about medical treatment options by asking the right questions of your healthcare team. It considers topics for before, during, and after appointments, using past, present, and future medicines, medical tests, and surgeries.

Always use these resources before you attend any healthcare appointment:

- [Questions to ask before an appointment](#)
- [Questions to ask during an appointment](#)
- [Questions to ask after an appointment](#)
- [Overall question checklist](#)

**SHIFT to Safety** helps you advocate for your healthcare safety. Shift your focus to what really matters—the patient.

For more information, contact us at [info@cpsi-icsp.ca](mailto:info@cpsi-icsp.ca).

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