

## How to Use Your Puffer and Spacing Device - Mask

1. Remove cap from the puffer.

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2. Shake the puffer for 10 seconds.

3. Place the puffer in the end of the spacer.

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4. Place the mask over the mouth and nose making a good seal.

5. Press down on the puffer **ONE TIME ONLY**.

6. Breathe in:

Child < 18 months = 8-10 breaths

Child > 18 months = 5-6 breaths

Above 6 years = 3-4 breaths or one deep breath and hold for up to 10 seconds.

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7. Wait 1 minute between puffs.

8. Repeat steps 2 to 7 for as many puffs as your doctor has ordered.

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9. Remove puffer from spacer and replace the cap on the puffer after use.

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10. To tell if your puffer is empty, take the metal canister out of the plastic cover and shake by your ear. If you can't hear / feel the liquid moving in the canister, it is empty.

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11. Store in a cool, dry place.