

## How to Use Your Respimat

To load (when using for the first time)

- With the coloured cap closed, press down on the grey button and pull the clear base off of the device.
- Write on the label the date to discard the inhaler (three months from the date you load the device).



- Take the metal canister out of the box.
- Push the narrow end of the canister into the inhaler. You can use a firm surface to push the canister against if necessary.
- Do not remove the canister once it is in place.
- Put the clear base back in place.
- Do not remove the clear base again.



To prepare the inhaler for the first time or to prime the inhaler:

- Hold the device upright with the cap closed.
- Turn the bottom base in the direction of the arrows on the device (half a turn) until it “Clicks”.
- Open the coloured cap and point the device to the ground. Press the grey button on the top of the device and close the cap.
- Repeat these steps until you see there is a visible spray.
- Once you see the spray, you must repeat the priming steps “3” more times for the inhaler to be ready to use.



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To Use:

1. Hold the device upright with the cap closed.
2. **Turn** the bottom half a turn counterclockwise until it “Clicks”.



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3. **Open** the coloured cap until it snaps fully open.
4. Breathe out slowly.



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5. Seal your lips around the mouthpiece and point to the back of your throat.
6. Be sure your fingers do not cover the vent holes on the sides of the device.
7. As you take a slow, deep breath through your mouth, **Press** the grey button on the top of the device.
8. Hold your breath for up to 10 seconds.
9. Close the coloured cap.
10. Repeat steps 1-9 for your second dose.



- Each inhaler will last approximately one month.
- When the indicator on the side of the inhaler reaches the red area of the scale, you have about one week of medication left. When the device locks, your inhaler is empty.
- If you haven't used the inhaler for 1 week, spray 1 puff towards the floor before using. If you haven't used the inhaler for 3 weeks, prime the inhaler again.
- Store the inhaler at room temperature.
- Clean the mouthpiece, including the metal part inside the mouthpiece, with a damp cloth at least once a week.