What is Primary Health Care?

Primary health care is your first contact with the health-care system. Primary health care includes health promotion, health management, diagnosis, and disease prevention and care for common illnesses.

PLEASE NOTE

Hours of Operation:
Monday to Wednesday
07:30 a.m. to 3:30 p.m.

Administrative Support
Kim Doucette

BY APPOINTMENT ONLY

Nurse Practitioners
Erika MacDonald
(Monday to Wednesday)

Vicky Mills
(Monday and Tuesday)

Blood Collection
Brenda Gamble, LPN
(Wednesday)

632-5695

Oct 2013

Services Provided at your Health Centre

Services Provided

One-on-one medical appointments are available the with Nurse Practitioner and one-on-one counseling with the Social Worker. Blood collection is done with the Licensed Practical Nurse.

Programs

Programs are based on identified community or group needs and may include education programs on the subject of:

- Hypertension
- Allergy/Asthma
- Seniors wellness
- Prenatal classes
- Nutrition counseling
- Diabetes
- Weight management

- Healthy living
- Chronic disease management
- Smoking cessation/COPD
- Immunization clinics
- Exercises classes

Emergency (911)

If you have an emergency, call 911 immediately.

Tele-care (811)

Free and confidential health-care advice, in the language of your choice, is offered by a Registered Nurse 24 hours a day, seven days a week.

If you do not have a primary care provider, please contact Tele-care to add your name to the provincial patient registry, Patient Connect NB.

www.HorizonNB.ca