

# CAMPOBELLO ISLAND Health Centre

Campobello Health Centre offers you – **the residents of Campobello Island** – a team-based approach to primary health care.

Among our team members anxious to help you be healthy:

- A nurse practitioner (NP), nurses, a family physician, and mental health therapists, as well as other medical professionals who visit the centre periodically in person or by video

As a patient, you'll be provided with a main contact, either the nurse practitioner or the family physician, and you'll have the option of seeing other service providers, as needed.

## Cathy Anthony

Cathy Anthony is an RN with the Extra-Mural Program in St. Stephen which covers Campobello Island. After 23 years on the job, she takes heart knowing she is helping people to be able to stay in their homes longer. If she had a wish, she said, she would have a home for seniors built on the island for those who do not need or want to go into a nursing home. In her time away from work, Cathy likes to read, walk and play bingo. Her favourite travel destination is Punta Cana.



## Narissa Malloch

Narissa Malloch has worked in administrative support for Horizon over the past 16 years. The highlight of her work at Campobello Health Centre is helping patients and working with staff. "We work well together as a team and are very supportive of each other," she said. Narissa loves living on the island because it's a safe, close-knit and unique community. Her three children keep her busy but when time allows she does volunteer work at their school and at church.



## Stephanie Barker

RN Stephanie Barker has been with Horizon Health Network (Horizon) for six months. The best part of her job, she says, is having the opportunity to care for people of all ages in a positive work environment. What she enjoys most about living on Campobello Island is the support she gets from the community. In her spare time away from the health centre, Stephanie spends quality time with her family.



## Jody Marzoll

After working in administrative support for 35 years, Jody Marzoll says she enjoys the great staff and patients of the Campobello Health Centre. She has not lived on the island for 32 years but enjoys the closely knit community where she works. When not on the job, Jody likes camping and spending time with family. Someday she would like to help the community by managing a shop where people in need could pick up donated items free of charge.



## Darlene Matthews

Over the past 10 months, Darlene Matthews has enjoyed her casual administrative support position with Horizon. She likes helping others at the Campobello Health Centre, and says of living on the island that it's not hectic like city life and everyone helps others in a time of need. When she's not working, Darlene cherishes time spent with family and the opportunity to travel.



## Wendy Morrison

After eight years with Horizon, RN Wendy Morrison says that working at the health centre allows her to use the skills she has acquired and also to further her education as a nurse. She grew up on the island, and says the people of the close-knit community are her family whether they are related biologically or not. Wendy enjoys spending time with her family, reading, and attending activities at her church. She has dreams of working for a year on a mercy ship and also someday visiting Italy.



## Robin Prince

For the past five years with Horizon, Robin Prince has worked as a clinical social worker in the area of addictions and mental health. What she enjoys most about her position is working with people. She lives in St. Stephen but travels to Campobello Island to work at the centre. Enjoyable pastimes for Robin include arts, crafts and travel. If she could do anything in life, she said it would be more travelling. Her favourite vacation destinations involve a hot climate and sandy beaches.



## Jill Steever

Jill Steever has been a social worker with Horizon since 2009. During that time, she has found the best part of her job to be her "amazing coworkers." When not working, Jill likes to hike with her children and often dreams about travelling the world. A resident of St. Stephen, she says she is unable to pick a favourite travel destination but has placed Iceland at the top of her wish list.



## Erica Bohanon

After eight years as an RN with Horizon, Erica Bohanon says the best part of her job is the wonderful patients and staff she works with. She grew up on Campobello Island and her favourite part of living here now is the close-knit community and the beautiful views of the ocean. Away from her work, Erica enjoys playing with her three children, and dreams of being a stay-at-home mother and perhaps taking another trip to Jamaica.



## Kathy Helpert

Kathy Helpert, manager of the Campobello Health Centre in addition to the St. Stephen Extra-Mural Program (EMP), started working as a staff nurse at EMP in 1993. Having worked in management since 2008, she likes being able to support staff any way she can so they in turn can provide the best care they can to patients every day. A resident of St. Stephen, Kathy enjoys walking, reading, knitting and sewing. Her favourite vacation destination is "anyplace warm."



## Sally Madsen

Sally Madsen has been an RN working in mental health and addictions with Horizon since 2009. An important part of the job, she says, is the opportunity it gives her to be an advocate for seniors. During her spare time and days off, Sally enjoys knitting, sewing and playing with her horses. She also cherishes the time she spends with her grandchildren and would someday like to learn how to play an instrument. Her favourite vacation destination is always "home."



## Maryanne Maillet

A family nurse practitioner, Maryanne Maillet returned to work with Horizon a year ago after previously working as discharge planning coordinator at Charlotte County Hospital for 20 years. The best part of her job, she says, is getting to help people of all ages and handling a full range of medical problems. Maryanne also likes working as part of the team of caring professionals at the health centre. In her spare time, she enjoys the company of family and friends, cycling, hiking, skiing, golf, and racquet sports.



**Note: Dr. Phillip Kay has been the visiting physician at Campobello Health Centre for 28 years. He is on the island two days a week.**



## Helping people be healthy

It's our goal at Campobello Health Centre to help you maintain or improve your current state of health.

Let's make use of all of our resources to get you on the right track!

## What's new?

**Respiratory Health** – Using spirometry, we screen residents who have risk factors for COPD and offer clinical follow-up or education depending on diagnosis. COPD is a priority health issue on the island. Patients may receive action plans to assist with self-management.

**Diabetes Management** – Upon diagnosis by the doctor or NP, nurses work with you to provide education and tips on how to manage your diabetes on a daily basis. Patients between the ages of 40 and 74 will also be screened for being at risk for developing diabetes.

**Follow-up Phone Calls** – Patients of Campobello who have been in hospital now receive a follow-up phone call after discharge unless they already have a scheduled follow-up appointment. We want to ensure you're following our advice, taking your medications and making good use of service providers such as homemakers. A top reason patients are readmitted to hospital is that an appropriate and timely follow-up call was not made to ensure they're doing well.

**Smoking Cessation** – We regularly ask smokers if they would like our support to quit smoking. It's the number 1 service we can offer to improve a smoker's health.

**Sexual Health Services** – Campobello offers sexual health services for all ages.

**Methadone Support Program** – We assist with screening and supporting patients who are receiving maintenance methadone therapy.

## Other services that are ongoing:

- Flu clinics
- Blood collection and specimen drop-off
- Pre-natal and post-natal follow-up care
- Specialist referrals
- Extra-mural services – nursing, dietitian, social work, occupational therapy, physiotherapy, speech language therapy and respiratory therapy
- Mental health services
- Integrated Service Delivery, which encompasses wrap-around services from Mental Health, Social Development, Education, and Public Safety, for Campobello Island children and youth
- Public health services

## Partners-in-care:

Offering services as needed and requested by the community

- RCMP
- Probations
- Department of Social Development
- Ambulance NB
- 811 Telecare
- Schools, Senior Wellness, Nursing Home, Local Governance, Pharmacy, Food Bank/Clothesline

## Appointments and hours

We have a limited number of same-day appointments for urgent medical issues **but we ask** that you make non-urgent appointments in advance.

Hours of Operation – Monday to Friday 8:30 a.m. to 4:30 p.m.

## Campobello Island Health Centre

640 Route 774, Welshpool, N.B. E5E 1A5  
(506) 752-4100



www.HorizonNB.ca