



"Like the butterfly, I have the strength and hope to believe, in time I will emerge from my cocoon transformed."
~ Kirsti A. Dyer



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Obsessive Compulsive Disorder	Format	Call Number	ISBN	Author
Buried in Treasures: Help for Compulsive Acquiring, Saving and Hoarding	Book	616.85227 TOL	9780199329250	Tolin, Frost & Steketee
Freedom from Obsessive Compulsive Disorder	Book	616.85227 GRA	9780425273890	Grayson, Jonathan
Freedom from Obsessive Compulsive Disorder	E- Book	E-BOOK	9780698153851	Grayson, Jonathan
Ten Turtles on Tuesday: A Story for Children About Obsessive-Compulsive Disorder	Book	J F BUR	9781433816444	Flanagan, Ellen
Ten Turtles on Tuesday: A Story for Children About Obsessive-Compulsive Disorder	E- Book	E-BOOK	9781433817861	Flanagan, Ellen
The Mindfulness Workbook for OCD	Book	616.85227 HER	9781608828784	Hershfield & Corboy
The Mindfulness Workbook for OCD	E- Book	E-BOOK	9781608828807	Hershfield & Corboy
When a Family Member Has OCD	Book	616.85227 HER	9781626252462	Hershfield, John
When a Family Member Has OCD	E- Book	E-BOOK	9781626252486	Hershfield, John