



"Like the butterfly, I have the strength and hope to believe, in time I will emerge from my cocoon transformed."
 ~ Kirsti A. Dyer



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Eating Disorders – Body Image	Format	Call Number	ISBN	Author
Almost Anorexic: Is My (or My Loved One's) Relationship with Food a Problem	Book	616.85262 THO	9781616494445	Thomas & Schaefer
Almost Anorexic: Is My (or My Loved One's) Relationship with Food a Problem	E- Book	E-BOOK	9781616494988	Thomas & Schaefer
Anorexia and Other Eating Disorders: How to Help Your Child Eat Well and Be Well	Book	618.928526 MUS	9780993059803	Musby, Eva
Help Your Teenager Beat an Eating Disorder 2nd Edition	Book	616.8526 LOC	9781462517480	Lock & LeGrange
Help Your Teenager Beat an Eating Disorder 2nd Edition	E- Book	E-BOOK	9781462518760	Lock & LeGrange
It's Not What You're Eating, It's What's Eating You: A Teenager's Guide	Book	YA 616.8526 BRA	9781510722620	Brady, Shari
It's Not What You're Eating, It's What's Eating You: A Teenager's Guide	E- Book	E-BOOK	9781510722637	Brady, Shari
Overcoming Binge Eating 2nd Edition	Book	616.8526 FAI	9781572305618	Fairburn, Christopher
Overcoming Binge Eating 2nd Edition	E- Book	E-BOOK	9781462510788	Fairburn, Christopher
The Anorexia Recovery Skills Workbook	Book	616.85262 RUS	9781626259348	Ruscitti, Barnett & Wagner
The Anorexia Recovery Skills Workbook	E- Book	E-BOOK	9781626259362	Ruscitti, Barnett & Wagner
The Body Image Workbook for Teens	Book	YA 155.333076 TAY	9781626250185	Taylor, Julia
The Body Image Workbook for Teens	E- Book	E-BOOK	9781626250208	Taylor, Julia
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The Food Addiction Recovery Workbook	E- Book	E-BOOK	9781626252110	Coker Ross, Carolyn
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