



"Like the butterfly, I have the strength and hope to believe, in time I will emerge from my cocoon transformed."
 ~ Kirsti A. Dyer



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|---|------------|-------------------|---------------|-------------------------|
| A Couple's Guide to Sexual Addiction: A Step-by-step Plan to Rebuild Trust | Book | 616.85833 COL | 9781440512216 | Collins & Collins |
| A Couple's Guide to Sexual Addiction: A Step-by-step Plan to Rebuild Trust | E- Book | E-BOOK | 9781440526978 | Collins & Collins |
| A Parents Guide to Teen Addiction | Book | 362.29 WES | 9781510728363 | Westreich, Laurence |
| A Parents Guide to Teen Addiction | E- Book | E-BOOK | 9781510728370 | Westreich, Laurence |
| Adding Fire to The Fuel: Challenging the Shame and Stigma of Alcoholism | Book | 362.292 STE | 9781631929069 | Stevens, Scott |
| Always Turned On: Sex Addiction in the Digital Age | Book | 616.85833 WEI | 9780985063368 | Weiss & Schneider |
| Breaking Addiction: A 7-Step Handbook for Ending any Addiction | Book | 616.8606 DOD | 9780061987397 | Dodes, Lance |
| Breaking Addiction: A 7-Step Handbook for Ending any Addiction | E- Book | E-BOOK | 9780062065834 | Dodes, Lance |
| Cruise Control: Understanding Sex Addiction in Gay Men | Book | 306.7662 WEI | 9780985063306 | Weiss & Carnes |
| Empowering Your Sober Self: The LifeRing Approach to Addiction Recovery | Book | 616.86 NIC | 9780965942966 | Nicolaus, Martin |
| Facing Heartbreak: Steps to Recovery for Partners of Sex Addicts | Book | 306.77 CAR | 9780983271338 | Carnes, Lee & Rodriguez |
| Fortify-The Fighter's Guide to Overcoming Pornography Addiction | Book | 616.85833 FOR | 9781942934127 | Fight the New Drug |
| Inside Rehab: The Surprising Truth About Addiction Treatment | Audio Book | DIGITAL AUDIOBOOK | 9781452690919 | Fletcher, Anne |
| Inside Rehab: The Surprising Truth About Addiction Treatment | Book | 616.8606 FLE | 9780143124368 | Fletcher, Anne |
| Inside Rehab: The Surprising Truth About Addiction Treatment | E- Book | E-BOOK | 9781101606032 | Fletcher, Anne |
| Intimate Treason: Healing the Trauma for Partners Confronting Sex Addiction | Book | 616.85833 BLA | 9781936290932 | Black & Tripodi |
| Intimate Treason: Healing the Trauma for Partners Confronting Sex Addiction | E- Book | E-BOOK | 9781937612016 | Black & Tripodi |
| Love and Addiction | Book | 155.32 PEE | 9780985387228 | Peele & Brodsky |
| Loving an Addict, Loving Yourself | Book | 362.2913 PLA | 9780981385068 | Plattor, Candace |
| Loving Someone in Recovery | Book | 362.2913 BER | 9781608828982 | Berg & Tatkin |
| Loving Someone in Recovery | E- Book | E-BOOK | 9781608829002 | Berg & Tatkin |
| Mastering the Addicted Brain: Building a Sane and Meaningful Life to Stay Clean | Book | 362.29 LIN | 9781608685004 | Ling, Walter |

| Addictions | Format | Call Number | ISBN | Author |
|---|---------|----------------|---------------|--------------------------|
| Mastering the Addicted Brain: Building a Sane and Meaningful Life to Stay Clean | E- Book | E-BOOK | 9781608685011 | Ling, Walter |
| Methadone- Bad Boy of Drug Treatment | Book | 616.8606 JAN | 9781432750749 | Janes, Rebecca |
| Mind-Body Workbook for Addiction | Book | 616.8603 BLO | 9781626254091 | Block & Block |
| Mind-Body Workbook for Addiction | E- Book | E-BOOK | 9781626254114 | Block & Block |
| Moving Beyond Betrayal: The 5-Step Boundary Solution for Partners of Sex Addicts | Book | 616.85833 PAL | 9781942094142 | Tidwell Palmer, Vicki |
| Moving Beyond Betrayal: The 5-Step Boundary Solution for Partners of Sex Addicts | E- Book | E-BOOK | 9781942094159 | Tidwell Palmer, Vicki |
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| Over the Influence 2nd Ed.: The Harm Reduction Guide | E- Book | E-BOOK | 9781462530359 | Denning, Patt |
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| Tending Dandelions: Honest Meditations for Mothers with Addicted Children | E- Book | E-BOOK | 9781616497217 | Swenson, Sandra |
| The Addiction Recovery Skills Workbook | Book | 362.29 GLA | 9781626252783 | Glasner-Edwards, Suzette |
| The Addiction Recovery Skills Workbook | E- Book | E-BOOK | 9781626252806 | Glasner-Edwards, Suzette |
| The Craving Mind: From Cigarettes to Smartphones to Love | Book | 152.33 BRE | 9780300223248 | Brewer, Judson |
| The Craving Mind: From Cigarettes to Smartphones to Love | E- Book | E-BOOK | 9780300227604 | Brewer, Judson |
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| The Cure for Alcoholism: The Medically Proven Way to Eliminate Alcohol Addiction | E- Book | E-BOOK | 9781937856144 | Eskapa, Roy |
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| The Little Book of Big Change | Book | 153.85 JOH | 9781626252301 | Johnson, Amy |
| The Little Book of Big Change | E- Book | E-BOOK | 9781626252325 | Johnson, Amy |
| The Mindfulness Workbook for Addiction | Book | 616.891425 WIL | 9781608823406 | Williams & Kraft |
| The Mindfulness Workbook for Addiction | E- Book | E-BOOK | 9781608823420 | Williams & Kraft |
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| The Sober Truth: Debunking the Bad Science Behind 12-Step Programs | E- Book | E-BOOK | 9780807033166 | Dodes & Dodes |
| Unbroken Brain: A Revolutionary New Way of Understanding Addiction | Book | 362.29 SZA | 9781250055828 | Szalavitz, Maia |
| Your Brain on Porn | Book | 306.771019 WIL | 9780993161605 | Wilson, Gary |