



# SACRED MEDICINES

The sacred medicines of sage, sweetgrass and cedar are now available in some Horizon facilities

Patients may request sacred medicines during their hospital stay at one of the following Horizon facilities:

- Charlotte County Hospital (St. Stephen)
- Dr. Everett Chalmers Regional Hospital (Fredericton)
- Hotel-Dieu St. Joseph (Perth-Andover)
- Miramichi Regional Hospital
- The Moncton Hospital
- Oromocto Public Hospital
- Saint John Regional Hospital
- Stan Cassidy Centre for Rehabilitation (Fredericton)
- Upper River Valley Hospital (Waterville)

Patients and families are encouraged to talk to staff about ways they can help to support your cultural and spiritual needs.

*Smudging that produces smoke may not currently be available in all facilities, please reach out to your health care team in hospital for more information.*