*[Below is a generic template to help you and your research team start to prepare a budget for your project.   
However, always check with the granting institution for specific requirements and eligible expenses for your application.]*

| **Item** | **Description** | **Justification** | **Itemized Total** |
| --- | --- | --- | --- |
|  | [Using each of the categories below as a starting point, provide a brief description of what each item includes] | [Clearly indicate why you need budget for each item listed in the first column. Reasons may include:   * Why you need to hire certain human resources to help complete your project; * If you include travel for data collection, what distances will be covered and how will you travel to site(s) in the most economical way possible? * Why you need particular pieces of equipment, who makes it and estimates from the vendors.] | [Provide an estimate here. In some cases, you can indicate in-kind contributions to your project, such as human resources or materials] |
| **Salaries** |  |  |  |
| **Supplies** |  |  |  |
| **Travel** |  |  |  |
| **Patient Engagement** |  |  |  |
| **Knowledge Translation** |  |  |  |
|  |  | **Grand Total** |  |