

# MONCTON AREA

Primary Health Care Services



At the foundation of Horizon's health system is a robust network of community-based primary health care services offered in a variety of settings in communities throughout the province. In the Moncton area, our primary health care system is comprised of a number of facilities and services, including: **1 community health centre** (Albert County Health and Wellness Centre), **4 health centres** (Petitcodiac, Port Elgin & Region, Rexton and Rogersville), and **1 primary health care clinic** in Moncton. In addition to these centres, **addiction and mental health services** are offered in the community at 81 Albert Street. With a collaborative, team approach to offering services in English and French, Horizon delivers sustainable, safe and quality health care services to our patients, clients and their families.

*(Note: In the Moncton area, public health services are delivered by Vitalité Health Network)*

# 100%

**COMMUNITY MENTAL HEALTH - APPOINTMENT OFFERED WITHIN 3 DAYS**

# 2.1%

**REPEAT HOSPITAL STAYS FOR MENTAL HEALTH**

## COMMUNITY SERVICES CONTACTS



### 13,850

@ COMMUNITY HEALTH CENTRES



### 75,405

@ HEALTH SERVICE CENTRES

## ADDICTION SERVICES



### 20

BEDS



### 835

ADMISSIONS



### 4,805

INPATIENT DAYS



### 677

OUT-PATIENT COUNSELLING CLIENTS



### 3,116

OUT-PATIENT COUNSELLING SERVICES

## IMPROVEMENTS UNDERWAY

- Expansion of Addiction & Mental Health access in Primary Health Care sites.
  - An addiction and mental health worker visits the Port Elgin & Region Health Service Centre once a week for appointments
  - Addition of Telehealth Services to the Port Elgin & Region Health Service Centre
  - Hillsborough Wellness Drop In clinic for Addictions & Mental Health
  - Introduction of a social worker to communities in the Albert County area for one-on-one consultation or group sessions. There is also monthly interaction with local food bank clients.
  - Community Sessions by CMHA in Port Elgin, Salisbury, Riverside-Albert & Hillsborough by the Canadian Mental Health Association
  - Grief & Bereavement and Caregiver Support Sessions at the Albert County Community Health Centre in partnership with Hospice Greater Moncton
  - Palliative care support volunteer person in community for relief care.
  - ASIST Training for staff members - Albert County
  - ASIST training for staff members- Rexton Health Centre

## ACHIEVEMENTS

- Hiring of a 0.5 FTE Social Worker for the Albert County Community Health Centre.
- Assignment of Primary Health Care Access Coordinator to help with placement of patients with new primary health care providers and analysis of primary health care access in Moncton area.
- Anglophone East & Anglophone North partner with Horizon Primary Health Care, Nurse Practitioners offering Sexual Health Services to local high schools
- Additional resources added to Salvus clinic; 1 PT Nurse Practitioner, administrative assistant and 1 PT social worker
- Rogersville Community Developer, Health Centre and local community members partnered to build a bike trail for local youth and adults to enjoy
- Opening of the new Salisbury Primary Health Care office with Nurse Practitioner

## CHALLENGES

- Acting on the recently completed Community Health Needs Assessments
- Community Developer position for the Albert County area & Riverview